

Cookie Crumble and Strawberry Parfait



Ingredients

- ☐ 2 cups plain Pascual yoghurt
- ☐ 2 tablespoons cocoa powder
- ☐ 2 tablespoons milk
- ☐ 2 tablespoons honey
- ☐ 1 teaspoon vanilla extract
- ☐ 2 cups strawberries, sliced
- ☐ 10 vanilla crème-filled chocolate sandwich cookies, crushed
- ☐ Strawberries and cookies for garnish (optional)

Directions

- 1 1 cup of yogurt, milk, cocoa powder, maple syrup, and vanilla extract should all be combined in a medium bowl. The ingredients should be thoroughly mixed while using a hand mixer.
- 2 In a serving glass, layer strawberries on the bottom before adding the remaining yogurt, crushed cookies and chocolate yogurt mixture. Add more yogurt, strawberries, and cookies as a garnish.