

Easy healthy tuna luna salad with Rice Up



Ingredients

- ☐ 1 cup Tuna in chunks
- ☐ Half a tomato
- ☐ A quarter of bell pepper
- ☐ Cilantro
- ☐ 1 tbsp of dried oregano
- ☐ Salt to taste
- ☐ Lemon juice
- ☐ Lettuce
- ☐ 6 pieces of sliced English cucumber

Directions

- 1 Diced up the tomato and bell pepper.
- 2 In a bowl, add in the tuna, tomato, bell pepper, chopped cilantro, dried oregano, salt and lemon juice. Mix well.
- 3 Place lettuce, sliced cucumber and the tuna mixture on top.

And your quick and healthy tuna on rice cake is ready! Bon Appetit.

